



中華人民共和國香港特別行政區政府總部教育局
Education Bureau
Government Secretariat, The Government of the Hong Kong Special Administrative Region
The People's Republic of China

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Educational Psychology Service (Kowloon 1) Section, Room W201, 2/F, West Block, Education Bureau KTESC, 19 Suffolk Road, Kowloon Tong, Kowloon, Hong Kong

本局檔號 Our Ref.: EDB(EPSK1)/23-10/3

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來函檔號 Your Ref.:

傳真 Fax Line: 2715 8056

To: Supervisors and Heads of all Secondary Schools

29 January 2024

Dear Supervisors / Principals,

Strengthening Support for Student Mental Health

This letter aims to inform all secondary schools of the details of the latest measures on enhancing support for students' mental health.

Extension of the “Three-tier School-based Emergency Mechanism”

The Education Bureau (EDB) issued a letter on 1 December 2023, announcing the implementation of the “Three-tier School-based Emergency Mechanism” (hereinafter referred to as the Mechanism) in all secondary schools from December 2023 to January 2024, through inter-departmental collaboration of EDB, the Health Bureau (HHB) and the Social Welfare Department (SWD) to provide students with higher suicidal risk with support as early as possible, thereby building a stronger safety net for them. After reviewing the relevant circumstances and listening to the views of the sector, the Government has decided to extend the implementation period of the Mechanism to 31 December 2024 and continue to assist schools in supporting students' mental health. The Government will closely monitor the operation of the Mechanism, maintain close communication with the sector, and review relevant arrangements in a timely manner. For details of the Mechanism, please refer to **Annexes 1 to 4**.

Under the Three-Tier Mechanism, schools will give priority to take care of and counsel students with higher suicidal risk through the school's inter-disciplinary team in the first tier, and provide timely assistance or seek professional counselling or treatment services for them. If schools have difficulty in deploying manpower, EDB will assist them to refer the cases to the “off-campus

support network team” organised by the SWD in the second tier. The third tier, provided by the psychiatric specialist services of the Hospital Authority (HA), is the last line of defence, providing medical services to students with severe mental health needs. Principals should consider the needs and the situation of the students comprehensively before referring them to the third-tier services.

Enhanced Training for School Personnel

In order to assist school personnel in promoting students’ mental health, EDB will organise more than 40 training courses/workshops for schools from end January to March 2024. Different professionals such as psychiatrists, clinical psychologists and registered social workers are invited to share with the school personnel on the practical skills on supporting students’ emotional needs, and to introduce different counselling techniques and intervention strategies, so as to enhance the school personnel’s knowledge and skills in supporting students with mental health needs, and improve students’ mental health holistically by providing them with appropriate emotional support. An overview of the training courses/workshops is at **Annex 5**. Schools are advised to encourage school personnel to participate actively. Teachers may enroll the courses through the EDB Training Calendar System. If school personnel do not have EDB e-Services Portal accounts, please register online via the registration link or QR code.

Provision of On-site School Mental Health Promotional Activities

EDB will also collaborate with SWD to arrange non-governmental organisations to visit secondary schools with greater support needs from February to April this year to organise mental health activities, such as mental health seminars and mindfulness groups, so as to enhance students’ awareness of mental health, help them develop positive thinking as well as strengthen their adaptability and awareness of help-seeking. EDB will inform the schools concerned of the relevant arrangements in due course.

The Government will continue to strengthen cross-departmental collaboration for more comprehensive efforts in promoting students’ mental health, putting together a support network and fostering an accepting and caring culture, so as to help students embrace the challenges of personal growth, and enhance the mental health literacy of parents, teachers and students in their support for students with mental health needs.

For enquiries, please contact Ms Mandy YEUNG of the Educational Psychology Service (Kowloon 1) at 3698 4311.

Ms Mandy HO
for Secretary for Education

- Annex 1: Details of “Three-tier Emergency Mechanism”
- Annex 2: Recommendations for early identification and support for students with suicidal risk
- Annex 3: Referral form and parent or guardian consent form
- Annex 4: Template for referral letter from the principal
- Annex 5: Overview of training courses/workshops from January to March 2024

The Three-tier School-based Emergency Mechanism

The first-tier mechanism

The first-tier aims to identify students with higher suicide risk at an early stage, and to provide students concerned priority for timely support and help them seek professional counselling or treatment services as early as possible.

EDB urges school personnel to refer to “A Resource Handbook for Schools: Detecting, Supporting and Making Referral for Students with Suicidal Behaviours” to preliminarily identify more vulnerable students and pay attention to whether they have warning signs of suicide. If necessary, schools can arrange students with higher-risk to conduct a preliminary mental health screening through effective screening tools (e.g., “Self-test Station: Depressive Mood” from the Student Health Service of the Department of Health and Kessler Psychological Distress Scale (K10) from “Shall We Talk”). After screening, school guidance personnel should launch follow-up services to identify students with different level of suicidal risk through individual interviews. Schools should first discuss with the school’s inter-disciplinary team (including guidance masters/mistress, guidance personnel, school social workers and school-based educational psychologists) to flexibly deploy school’s manpower and resources to give priority to take care of and counsel students with higher suicidal risk. The school personnel are recommended to refer to the Guidelines on “How Schools can Help Students with Mental Health Problems” to provide support to students as soon as possible, for example, guiding students to consider coping skills for overcoming difficulties and the support available for them, meeting with students regularly and providing them with group training, conducting individual counselling on relaxation techniques and coping methods, and arranging appropriate school-based support and activities (e.g., peer counselling programmes), or providing students with information about relevant community resources. Schools must conduct continuous and close monitoring on students’ conditions, make good use of community resources and refer students with mental health needs to receive support services. Please refer to **Annex 2** for details.

The second-tier mechanism

The second-tier mechanism is for the Government to organise an “off-campus support network” through cross-departmental, cross-professional and cross-sectoral cooperation to provide schools with enhanced “external support” in the short term. Subsequent to the above-mentioned identification in the first tier mechanism and school-based intervention, if the school confirms that it has difficulty in deploying manpower to handle the newly identified students who are at higher risk of suicide, the following “external support” can be sought:

- (i) Publicly-funded secondary schools that have participated in the “Student Mental Health Support Scheme” may consult the multi-disciplinary team of the Scheme as soon as possible to seek additional support;
- (ii) Publicly-funded secondary schools that have not participated in the “Student Mental Health Support Scheme” may seek support from the “off-campus support network” team (hereafter “the team”). Schools must first obtain the consent of the parents or guardians of students concerned, and submit the referral form and parent or guardian consent form (**Annex 3**) to the Special Education Support 4 Section of EDB. EDB will contact the school as soon as possible to assist the schools in need to refer the cases to the “off-campus support network” team coordinated and arranged by the SWD for follow-up actions;
- (iii) If other schools require assistance from the team, please contact the Educational Psychology Service (Kowloon 1) Section (telephone number: 3698 4311).

The team will contact the students concerned as soon as possible and arrange follow-up services which include emergency intervention services such as assessment, support and counselling through individual, group or online mode, and the team will also refer them to other services according to the needs of individual students. If the team determines that the student has severe mental health needs after contact and assessment, they will discuss with the school whether it is necessary to refer to HA psychiatric specialist services according to the third-tier mechanism below. The team will report to the school the student’s condition and areas that require follow-up actions after the completion of the emergency intervention services.

The third-tier mechanism

The third-tier mechanism is for schools to refer students with severe mental health needs to the psychiatric specialist services of the HA. After triage and screening, HA will give priority to students with urgent needs. After discussing with the parents of the students, the school may issue a referral letter from the principal for the suitable students (please refer to **Annex 4** for a sample referral letter from the principal). The parents can then take the students to their respective child and adolescent psychiatric outpatient clinics to receive treatment and support services provided by qualified and experienced clinician. Before making a referral, schools must carefully consider whether the students concerned have a relatively urgent need, so as not to affect the opportunity of other people on the waiting list of HA’s psychiatric specialist service system to receive treatment. If a student is seriously injured, life-threatening or needs immediate support, the school should immediately activate the crisis management procedure and take prompt action, including calling the police for help or sending the student to hospital for treatment. In addition, HA will also set up a telephone consultation hotline specifically for principals (telephone number: 2742 4508) to provide them with professional advice.

Recommendations for early identification and support for students with suicidal risk

In order to early identify and support students at risk of suicide, school teachers and social workers can refer to “A Resource Handbook for Schools: Detecting, Supporting and Making Referral for Students with Suicidal Behaviours” published by EDB and identify students at higher risk:

A Resource Handbook for Schools: Detecting, Supporting and Making Referral for Students with Suicidal Behaviours:

https://mentalhealth.edb.gov.hk/uploads/mh/content/document/Resource_Handbook_for_Schools_Eng_Mar_2017.pdf



(1) Preliminary identification of students in need

Identify students who may be more vulnerable, such as those with the following risk factors:

- Social support: Poor family or peer relationships, or weak support network.
- Emotional regulation: Emotions are more sensitive, more reactive, or easier to lose control of.
- Coping skills and attitudes: Tend to use passive and avoidant coping style to cope with significant events or traumatic events.
- Recent major stressful events: such as repeating a grade, changing schools, parental divorce or relationship deterioration, or experiencing the death or suicide of someone close to them.
- Repeated self-harm behaviours or past suicide attempts.

Pay attention to warning signs of suicide

Pay attention to the possible suicide warning signs of these more vulnerable students through daily observation, for example:

- Physical aspect: e.g., fatigue, increasing symptoms of physical discomfort, and abnormal inattention to personal hygiene or appearance.
- Behavioral aspect: e.g., increased absenteeism, sharp decline in grades, and becoming socially isolated.
- Emotional aspects: e.g., mood changes or remarkable unstable emotions, loss of interest and motivation in daily activities.
- Cognitive aspect: more difficult to stay focus than before or keep their mind clear, and have frequent self-critical thoughts.
- Words or behaviors related to death and suicide: such as mentioning negative or hopeless thoughts in conversation or on social media, sending beloved items, and saying goodbye to family or friends as if they were saying goodbye.

(2) Use mental health screening tools

If necessary, schools can also arrange mental health screening for students in need after discussing with school guidance personnel (including social workers, school-based educational psychologists or relevant mental health professionals). School teachers and social workers can refer to the following commonly used mental health screening tools and arrange the students concerned to complete the self-test scales:

- Student Health Service “Self-Test Station: Depressive Mood”:
https://scics.one.gov.hk/forms/dhs005/dhs005_en.html
- “Shall We Talk” Kessler Psychological Distress Scale (K10):
<https://www.shallwetalk.hk/en/mental-health-information/psychological-distress-testing/>
- “Student Mental Health Support Scheme” Screening Tool (only applicable to schools that have participated in the Scheme)

(3) Provide follow-up services

Schools should note that the scores of mental health screening tools are only used as one of the references. School guidance personnel should consider students’ responses to individual items on the scale, their background, and behavioral patterns to make decisions on prioritising individual interviews and follow-up actions. School guidance personnel must conduct individual interviews with these students for further preliminary assessment of suicidal risk. For details, please refer to Chapter 3 “Responding to Suicidal Behaviors” in “A Resource Handbook for Schools: Detecting, Supporting and Making Referral for Students with Suicidal Behaviours”.

Schools should first discuss through the school’s inter-disciplinary team (including guidance masters/mistress, guidance personnel, school social workers and school-based educational psychologists) to flexibly deploy manpower and resources within the school to help and provide counselling to students who have been identified and need support. We recommend that school personnel refer to the Guidelines on “How Schools can Help Students with Mental Health Problems” to support students with mental health needs.

Guidelines on “How Schools can Help Students with Mental Health Problems”:

https://sense.edb.gov.hk/uploads/page/types-of-special-educational-needs/mental-illness/ENG_Guidelines_to_help_MI_students_20200717.pdf



The school's multi-disciplinary team must give priority to care for and counsel students who are at higher risk of suicide, such as guiding students to consider coping skills for overcoming difficulties and the support available for them, meeting with students regularly and providing group training, conducting individual counselling on relaxation techniques and coping methods and arranging appropriate school-based support and activities (e.g., peer counselling programmes), or providing students with information about relevant community resources. Schools must conduct continuous and close monitoring on students' conditions and make good use of community resources to refer students with mental health needs to receive support services. Through mental health educational activities or promotional leaflets, let all students aware of different help-seeking channels, including community helplines and counselling platforms.

Community Resources and Helplines:

<https://mentalhealth.edb.gov.hk/en/early-identification-at-the-selective-level/helplines-and-community-resources.html>



To: “Off-campus support network” team ()
 (via: Special Education Support 4 Section of EDB, Fax: 2307 0472)

**“Off-campus support network” Team Referral Form
 (Applicable from February to December 2024)**

[*Schools should submit this form and parent or guardian consent form to
 Special Education Support 4 Section of EDB]

Our school _____ (school name) has not participated in the “Student Mental Health Support Scheme” and confirmed that our school has difficulty in deploying manpower to handle the newly identified student with higher risk of suicide. The student concerned is now referred to receive services rendered by the “off-campus support network” team arranged by the Social Welfare Department. Our school has obtained and enclosed with this form the parent consent form signed by the parent or guardian of the student concerned for this referral. Our school will help arrange the “off-campus support network” team to meet with the student concerned at school, including finding venues suitable for in-person or online interviews.

Student Name	Gender / Age	Class	Contact phone no.	Areas that require special attention (Please tick the appropriate box(es))	Name & contact no. of student's guardian in case of emergency
1.				☐ Learning performance ☐ Family situation ☐ Special educational needs ☐ Interpersonal relationship ☐ Emotional/mental health needs ☐ Others (please specify):	

Remarks: This referral form contains personal data of the student, which shall be properly kept by the school and ensure that the purpose and manner of data collection, use of data, data security and access, etc. comply with the requirements of the Personal Data (Privacy) Ordinance.

School Chop:

Special Education
 Support 4 Section
 of EDB Chop:

Signature of school
 personnel in charge: _____

Name: _____

Post: _____

Contact no.: _____

Date: _____

**“Off-campus support network” Team
Parent Consent Form**

I _____ (Name of Parent / Guardian*) give consent to
_____ (Name of School) to refer my child /
ward* _____ (Name) _____ (ID No.) to receive
services rendered by the “off-campus support network” Team arranged by the
Social Welfare Department.

Signature of Parent / Guardian*: _____

(Contact Phone No.: _____)

Date: _____

*Delete as appropriate

[Please use school letterhead]
Three-tier School-based Emergency Mechanism

**Referral of a student to receive the psychiatric
specialist services of the Hospital Authority
(Applicable from February to December 2024)**

Our school _____ (Name of School)
would like to refer _____ (Name of Student)
_____ (ID No.) who is currently studying in _____ (Class) to
receive psychiatric specialist services of the Hospital Authority (HA). Please arrange risk
assessment and follow-up services for this student as soon as possible.

Reason(s) for referral to the third-tier support services:

**[Remarks: If the student's situation is urgent, the school may consider taking the student to the
Accident and Emergency Department for treatment.]**

Contact Information:

	<u>School</u>	<u>Parent</u>
Name:		
*Post/ Relationship:		
Telephone no.:		

*Please delete as appropriate

Signature of Principal: _____

Name of Principal: _____

School Chop:

Education Bureau
“Mental Health@School” – Overview of training courses/workshops
on promoting students’ mental health from January to March 2024

	Course ID/Register via online form	Course Title	Event ID	Date	Time	Venue	Speaker(s)	Quota	Registration link & QR code (Only applicable to school personnel who do not have EDB e-Services Portal accounts)	
1.	SE0020230304	Workshop on tools on Acceptance and Commitment Therapy (ACT)	AA	30/1/2024	14:00-17:00	Rm 901, 9/F, Hong Kong Scout Centre, Scout Path, Austin Road, Kowloon	Ms. CHO Sin-man, Clinical Psychologist	30 (open to teachers and school social workers)		https://forms.gle/dzapjErEnWrwPFG89
			AB	27/2/2024	14:00-17:00	Rm 901, 9/F, Hong Kong Scout Centre, Scout Path, Austin Road, Kowloon	Ms. CHO Sin-man, Clinical Psychologist	30 (open to teachers and school social workers)		
2.	SE0020230302	Basic Training Course on Supporting Students with Stress from Traumatic Event	AA	1/2/2024	09:30-17:00	25/F, Multi-function room, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road,	Dr. Maggie Poon, Senior Clinical Psychologist	100		https://forms.gle/XsZSN4C74XC E4TPG9

						North Point, Hong Kong				
3.	SE0020240170	Two-day Teacher Workshop on Mental Health First Aid	AA	1/2/2024 2/2/2024	09:30 - 17:30	Unit 14BC, HQ, 450-454 Portland Street, Prince Edward, Kowloon	Mental Health First Aid Instructors: Mr. Henry CHAN, Ms. Nicole LEE, Dr. Pinky TSO	30 (open to teachers only)		
			AB	19/2/2024 26/2/2024	09:30 - 17:30	Unit 14BC, HQ, 450-454 Portland Street, Prince Edward, Kowloon	Mental Health First Aid Instructors: Mr. Henry CHAN, Ms. Nicole LEE	30 (open to teachers only)		
			AC	22/2/2024 29/2/2024	09:30 - 17:30	Unit 14BC, HQ, 450-454 Portland Street, Prince Edward, Kowloon	Mental Health First Aid Instructors: Mr. Henry CHAN, Ms. Nicole LEE	30 (open to teachers only))		
			AD	4/3/2024 5/3/2024	09:30 - 17:30	Unit 14BC, HQ, 450-454 Portland Street, Prince Edward, Kowloon	Mental Health First Aid Instructors: Mr. Henry CHAN, Ms. Nicole LEE	30 (open to teachers only)		
			AE	11/3/2024 14/3/2024	09:30 - 17:30	Unit 14BC, HQ, 450-454	Mental Health First Aid Instructors: Mr. Henry	30 (open to teachers only)		

						Portland Street, Prince Edward, Kowloon	CHAN. Ms. Nicole LEE			
			AF	18/3/2024 21/3/2024	09:30 - 17:30	Unit 14BC, HQ, 450-454 Portland Street, Prince Edward, Kowloon	Mental Health First Aid Instructors: Mr. Henry CHAN. Ms. Nicole LEE	30 (open to teachers only)		
			AG	25/3/2024 28/3/2024	09:30 - 17:30	Unit 14BC, HQ, 450-454 Portland Street, Prince Edward, Kowloon	Mental Health First Aid Instructors: Mr. Henry CHAN. Ms. Nicole LEE	30 (open to teachers only)		
4.	SE0020230308	Basic Training Course on Supporting Students with Mental Health Needs (Anxiety Disorders)	AA	2/2/2024	09:30-12:30	25/F, Multi-function room, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, Hong Kong	Dr. CHAN Kwok-ling, Phyllis, Honorary Clinical Associate Professor, Department of Psychiatry, LKS Faculty of Medicine, University of Hong Kong	100		https://forms.gle/tH9SuHYTnTf8hBkR8
5.	Register via online form	Advanced Training Course on Supporting Students with Mental Health Needs (Anxiety Disorders)	Not applicable	2/2/2024	14:00-17:00	25/F, Multi-function room, The Hong Kong Federation of Youth Groups	Dr. CHAN Kwok-ling, Phyllis, Honorary Clinical Associate Professor, Department of Psychiatry,	50 (open to school social workers and educational psychologists only)		https://forms.gle/MfEhfK2PUGYCQMD8

						Building, 21 Pak Fuk Road, North Point, Hong Kong	LKS Faculty of Medicine, University of Hong Kong			
6.	SE0020240180	Emotional Resilience for Teens – Train- the-trainer Part A	Not applicable	5/2/2024	09:30- 17:00	Rm 1106, 11/F, Hong Kong Scout Centre, Scout Path, Austin Road, Kowloon	Professor WONG Fu- keung, Daniel, Chair Professor of Mental Health and Counselling, Department of Social Work, Baptist University of Hong Kong	100 (open to teachers and school social workers)		https://forms.gle/oWhm3pkGEN7K9Vwf8
7.	SE0020240181	Emotional Resilience for Teens – Train- the-trainer Part B	Not applicable	7/2/2024	09:30- 17:00	Rm 1107, 11/F, Hong Kong Scout Centre, Scout Path, Austin Road, Kowloon,	Mr. Neil CHAN, Educational Psychologist & Ms. Yvonne CHIU, Assistant Social Work Officer	30 (Applicants should have completed the course on “Emotional Resilience for Teens – Train- the-trainer Part A”)		https://forms.gle/boIGU7zLCajHuImr6
8.	Register via online form	4-day Workshop on Low-intensity Intervention on “Acceptance and Commitment Therapy (ACT)” *Hybrid mode [two sessions of self-study modules and two sessions of face- to-face classes,	Not applicable	15/2/2024 (date of uploading the self- study module materials) 22/2/2024 (face-to- face class) 23/2/2024 (date of	09:30- 17:30	3/F, Tower 2, South Seas Centre, 75 Mody Road, Tsim Sha Tsui East, Kowloon	Dr. Jeffy HO & Dr. Anthony TONG, Clinical Psychologists	30 (open to school social workers and educational psychologists only)		https://forms.gle/VCvrtX5zuqJXfJzu9

		participants must complete the self-study modules before each face-to-face class.] <u>[face-to-face classes on 22 and 29 Feb only]</u>		uploading the self-study module materials) 29/2/2024 (face-to-face class)						
9.	Register via online form	Advanced Training Course on Applying Fresh Techniques to Support Students Dealing with Psychological Trauma	AA	16/2/2024	09:30-17:00	Rm 901, 9/F, Hong Kong Scout Centre, Scout Path, Austin Road, Kowloon	Dr. Maggie Poon, Senior Clinical Psychologist	30 (Applicants must have completed “Basic Training Course on Supporting Students with Stress from Traumatic Event” or have a basic understanding of psychological trauma)		https://forms.gle/8QdzvHvM6qyzlTfY9
			AB	19/2/2024	09:30-17:00	Rm 901, 9/F, Hong Kong Scout Centre, Scout Path, Austin Road, Kowloon	Dr. Maggie Poon, Senior Clinical Psychologist	30 (Applicants must have completed “Basic Training Course on Supporting Students with Stress from Traumatic Event” or have a basic understanding of psychological trauma)		

10.	SE0020230309	Basic Training Course on Supporting Students with Mental Health Needs (Cyber Addiction)	AA	19/2/2024	09:30-12:30	25/F, Multi-function room, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, Hong Kong	Dr. CHAN Kwok-ling, Phyllis. Honorary Clinical Associate Professor. Department of Psychiatry, I.K.S. Faculty of Medicine, University of Hong Kong	100		https://forms.gle/VJfodAicYBlxsBV6
11.	Register via online form	Advanced Training Course on Supporting Students with Mental Health Needs (Cyber Addiction)	Not applicable	19/2/2024	14:00-17:00	25/F, Multi-function room, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, Hong Kong	Dr. CHAN Kwok-ling, Phyllis. Honorary Clinical Associate Professor. Department of Psychiatry, I.K.S. Faculty of Medicine, University of Hong Kong	50 (open to school social workers and educational psychologists only)		https://forms.gle/CEFHmjBpHeBjk8vy8
12.	Register via online form	Seeing “school refusal” in family context	AA	19/2/2024	10:00-17:00	Asian Academy of Family Therapy, No.4 Pottinger Street Central Hong Kong	Miss Cecilia LEUNG, Programme Director of Asian Academy of Family Therapy	70 (open to school social workers and educational psychologists only)		https://forms.gle/ck2Aae5R2ihKYzd67

			AB	25/3/2024	10:00-17:00	Asian Academy of Family Therapy, No.4 Pottinger Street Central Hong	Miss Cecilia LEUNG, Programme Director of Asian Academy of Family Therapy	70 (open to school social workers and educational psychologists only)		
13.	Register via online form	Workshop on “Unified Protocol” [three sessions of face-to-face class and one session of online real-time class via Zoom]	Not applicable	19/2/2024 (face-to-face class) 26/2/2024 (face-to-face class) 27/2/2024 (face-to-face class) 11/3/2024 (online real-time class via Zoom)	09:30-17:30	3/F, Tower 2, South Seas Centre, 75 Mody Road, Tsim Sha Tsui East, Kowloon	Dr. Candice POWELL, Clinical Psychologist	30 (open to school social workers and educational psychologists only)		https://forms.gle/IrVvJlHaUWkyjAsv9
14.	Register via online form	2-day workshop on Protocol for Managing Risk of Suicidal and Self-harm	Not applicable	20/2/2024-21/2/2024	08:30-17:00	Diamond Room, 5/F, The Citiview, 23 Waterloo Road, Yau Ma Tei	Dr. Janet Feifenbaum, Dr. Pauline McAvoy and DBT Training Team	60 (open to educational psychologists only)		https://forms.gle/nyRBQVVRwcSVrsTD8
15.	SE0020230303	Training on Basic Mental Health First Aid and Basic	AA	20/2/2024	14:00-17:00	Rm 1106, 11/F, Hong Kong Scout	Ms. LAU Choi-hin, Clinical Psychologist	100 (open to teachers and school social workers)		https://forms.gle/RhFaGopakhpbiYmp6

		Counselling Skills				Centre, Scout Path, Austin Road, Kowloon				
			AB	21/2/2024	14:00-17:00	Room 1001-1003, 10/F, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, Hong Kong 室	Ms. CHAN Yin-nei, Clinical Psychologist	100 (open to teachers and school social workers)		
			AC	22/2/2024	14:00-17:00	25/F, Multi-function room, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, Hong Kong	Ms. LAU Choi-hin, Clinical Psychologist	100 (open to teachers and school social workers)		
16.	SE0020240171	Understanding family relationship and its impact on mental health	AA	20/2/2024	10:00-17:00	Asian Academy of Family Therapy, No.4 Pottinger Street Central Hong Kong	Dr. LEE Wai-yung, Clinical Director of Asian Academy of Family Therapy Mr. IP Kim-ching, Clinical	70 (open to teachers only)		

							Faculty Member of Asian Academy of Family Therapy			
			AB	26/2/2024	10:00-17:00	Asian Academy of Family Therapy, No.4 Pottinger Street Central Hong Kong	Miss Cecilia LEUNG, Programme Director of Asian Academy of Family Therapy	70 (open to teachers only)		
			AC	11/3/2024	10:00-17:00	Asian Academy of Family Therapy, No.4 Pottinger Street Central Hong Kong	Mr. Presley KO, Programme Director of Asian Academy of Family Therapy	70 (open to teachers only)		
			AD	12/3/2024	10:00-17:00	Asian Academy of Family Therapy, No.4 Pottinger Street Central Hong Kong	Dr. Cindy TAM, Clinical Director of Asian Academy of Family Therapy	70 (open to teachers only)		
17.	SE0020230310	Basic Training Course on Supporting Students with Mental Health Needs (Psychosis and Bipolar Disorder)	AA	23/2/2024	09:30-12:30	Rm 1106, 11/F, Hong Kong Scout Centre, Scout Path, Austin Road, Kowloon	Dr. CHAN Kwok-ling, Phyllis, Honorary Clinical Associate Professor, Department of Psychiatry, LKS Faculty of Medicine, University of	100		https://forms.gle/hh42JKkp313wyE9b8

							Hong Kong			
18.	Register via online form	Advanced Training Course on Supporting Students with Mental Health Needs (Psychosis and Bipolar Disorder)	Not applicable	23/2/2024	14:00-17:00	Rm 1106, 11/F, Hong Kong Scout Centre, Scout Path, Austin Road, Kowloon	Dr. CHAN Kwok-ling, Phyllis, Honorary Clinical Associate Professor, Department of Psychiatry, LKS Faculty of Medicine, University of Hong Kong	50 (open to school social workers and educational psychologists)		https://forms.gle/WCdfborMaHBJW5Ag6
19.	Register via online form	Seeing “suicide” in family context ?	AA	27/2/2024	10:00-17:00	Asian Academy of Family Therapy, No.4 Pottinger Street Central Hong Kong	Dr. Cindy TAM, Clinical Director of Asian Academy of Family Therapy Mr. IP Kim-ching, Clinical Faculty Member of Asian Academy of Family Therapy	70 (open to school social workers and educational psychologists only)		https://forms.gle/DMBNIPWpEzjhMbSk6
			AB	26/3/2024	10:00-17:00	Asian Academy of Family Therapy, No.4 Pottinger Street Central Hong Kong	Dr. Cindy TAM, Clinical Director of Asian Academy of Family Therapy Mr. IP Kim-ching, Clinical Faculty	70 (open to school social workers and educational psychologists only)		

							Member of Asian Academy of Family Therapy			
20.	Register via online form	Seeing “oppositional behaviour” in family context?	AA	4/3/2024	10:00-17:00	Asian Academy of Family Therapy, No 4 Pottinger Street Central Hong Kong	Mr. Presley KO, Programme Director of Asian Academy of Family Therapy	70 (open to school social workers and educational psychologists only)		https://forms.gle/mut5gfdQ2zmbQab79
			AB	18/3/2024	10:00-17:00	Asian Academy of Family Therapy, No.4 Pottinger Street Central Hong Kong	Mr. Presley KO, Programme Director of Asian Academy of Family Therapy	70 (open to school social workers and educational psychologists only)		
21.	Register via online form	Seeing “Special Education Needs” in family context	AA	5/3/2024	10:00-17:00	Asian Academy of Family Therapy, No 4 Pottinger Street Central Hong Kong	Prof. Joyce MA, Clinical Co-Director, of Asian Academy of Family Therapy and Emeritus Professor of the Department of Social Work, The Chinese University of Hong Kong	70 (open to school social workers and educational psychologists only)		https://forms.gle/tJ5jwvrr7zoxZWtH39

			AB	19/3/2024	10:00-17:00	Asian Academy of Family Therapy, No 4 Pottinger Street Central Hong Kong	Prof. Joyce MA, Clinical Co-Director, of Asian Academy of Family Therapy and Emeritus Professor of the Department of Social Work, The Chinese University of Hong Kong	70 (open to school social workers and educational psychologists only)		
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Remarks:

Target participants	All teachers, school social workers and school-based educational psychologists in Hong Kong
Enrollment	1. School personnel may enroll the courses through the EDB Training Course Calendar. School personnel who do not have EDB e-Services Portal accounts may register online via the registration link or QR code. 2. The training courses/workshops are designed for school personnel with different background. Limited seats available on a first-come-first-served basis. 3. Applicants should check the application results by email. For one-day or half-day training courses/workshops, applicants will be notified the application results via email two days before the event. For two-day or more training courses/workshops, applicants will be notified the application results via email one week before the event. There will be no on-site registration on the day of the event.
Enrollment deadline	The enrollment for each training course/workshop will be closed one week or before.
Enquiry	3698 4306 (Ms. Cary LI) or 3698 3995 (Ms. Candy TAI)